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Diplomate of the American Board of Orthodontics

Practice Limited to Orthodontics / Dentofacial Orthopedics

YOUR NEW RETAINERS

CONGRATULATIONS

Today you have been fitted with an “**Invisible**” and/or “**Hawley**” retainer. Retainers after braces are crucial for maintaining the achieved tooth alignment by applying gentle pressure and supporting the bone around the teeth to prevent them from shifting and ensuring a stable and long-lasting smile.

WHEN AND HOW LONG

Retainers need to be worn every night, ***FOREVER***.

CARE

Gently brush the retainers with your toothbrush and toothpaste daily. An occasional soak in a denture cleaner is helpful. When cleaning your retainers, use room temperature water.

AVOID

Some common ways retainers are lost or broken are from being placed in pockets, eaten by pets, and wrapped in napkins and thrown away. Your retainers should be in their case if you are not wearing them. Hot/boiling water will melt your retainers. If a retainer is lost, cracked, or broken, please call for an appointment on the next business day! A significant delay may cause tooth movement that requires retreatment.



REPLACEMENT COSTS

Invisible Retainers - \$200.00 each

Hawley Retainers - \$300.00 each

Your contract for orthodontic care includes 12 months of retention monitoring at the end of treatment.

Retainer check appointments occurring more than 1 year after braces removal will have an office visit charge.

BRING YOUR RETAINERS AND 3D MODELS TO ALL OF YOUR SCHEDULED APPOINTMENTS

(Reduced fee applies when 3D models are returned, and can be used, to create new retainers)