Fixed Class III/ CS 2000

DESCRIPTION
The CS 2000 is a fixed appliance that attaches to the upper and lower archwires. It is used to correct a Class III malocclusion (the lower teeth are too far in front of the upper teeth).

EATING
Initially, meal times can be a bit awkward; it is important for the first four to ten days to stick to liquids and soft foods, such as eggs, yogurt, mashed potatoes, pasta, etc. Cut foods into bite size pieces. After this short period of adaptation, most foods can be eaten, especially when cut into small pieces. However, you should continue to stay away from hard foods and sticky foods.

CLEANING
It is important to keep your appliance clean. Plaque and tartar can collect on it, so we recommend a quick rinse or brushing after meals and snacks. Brushing thoroughly around the edges of the molar bands will keep the gum tissue healthy.

SPEECH
Talking may be a little harder at first, but this goes away once you are used to it. Applying soft wax to the appliance helps with discomfort.
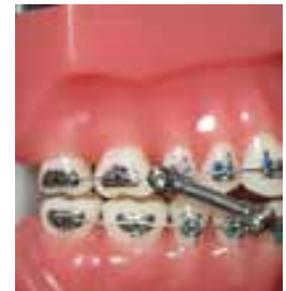
LOOSE APPLIANCE
It is possible that your appliance could break or become loose in your mouth. If it does, call our office. Avoid banging down on the spring; use it only as a guide for where to hold your jaw. **If you have any problems that you cannot take care of, call our office for an appointment.**

SORENESS
There may be some soreness or discomfort at first and this is normal. The patient may experience soreness in the cheek area. Initial cheek biting may occur as well as cheek puffiness. The soreness will go away as the tissue toughens. If necessary, any soreness can be relieved by warm salt water rinsing and by using whatever headache remedy you normally use.   Gums may become sore and swollen. This usually occurs due to improper brushing techniques. It is important that your appliance be cleaned and checked daily.